

Engagement Checklist

Name: _____

Date of Call: _____ Phone Number: _____

Name of Client: _____

Relationship to Client: _____

The goal of this call is to highlight the purpose of family psychoeducation and get the person interested enough to meet and talk with you about it.

During the call you should cover these points:

___ Introduce yourself and identify the agency with which you are associated.

___ Explain that family psychoeducation has been recommended by the treatment team.

___ Find out what the person knows about the client's co-occurring disorders.

___ Briefly describe family psychoeducation.

- It may be done with an individual family or in a multiple-family group.
- There are approximately fifteen sessions. A family could enter the multiple-family group after the first two individual sessions.
- All family members, including the client, attend all sessions.
- Sessions are conducted in a low-stress environment.
- Sessions cover a series of educational topics. Handouts are provided.
- Family members will be given optional home assignments.

___ Present the advantages of participating in the program.

- Prevent relapses of substance use and psychiatric disorders.
- Prevent re-hospitalization and other negative events.
- Increase knowledge about co-occurring disorders and how they are treated.
- Reduce family stress.
- Increase ability to help their relative (client) with his or her coping skills for dealing with symptoms and cravings.
- Learn skills for effective communication and problem solving.

- Help all family members set and pursue goals.
- Improve the quality of family life, including leisure and recreational time.

___ Ask if there are any questions that can be easily handled by phone.

___ Arrange time to meet in person to discuss the program in detail.

___ Ask about other interested family members. Write information below.

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